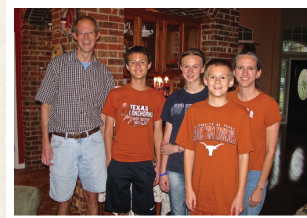




# Kids helping kids

What is Kids Helping Kids? It is a program of humanitarian assistance on the part of kids in America to gather everyday items for the children and families of Malawi. The supplies are sent to Indiana where they are placed on outgoing shipping containers. When they reach Malawi, they are distributed nationwide to children and families in need. This is done under strict supervision and accountability to insure the items go to those most in need.



It is easy to get involved, and the cost is often only the time it takes to talk with friends or neighbors and ask them to help. Scout troops, Bible classes, School groups, individual families, or simply one or two young people in the neighborhood decide to get involved. What happens next can easily be life changing.



**Send supplies or contributions to:**

**The Malawi Project**

2421 Golfside Drive  
Lebanon, IN 46052

**Donate on-line:** [www.malawiproject.org/donate](http://www.malawiproject.org/donate)

**Additional information:** [www.malawiproject.org](http://www.malawiproject.org)

# Be the Change

## Ways to Participate

You can reach as high as your imagination, as wide as your enthusiasm, and as deep as you fathom. Look for creative ways to help, things to do, how to obtain needed goods and funds. The size of your aid package can reach whatever dimension you define. Among the things that are needed:

### 1. Toothbrushes and Toothpaste

Families often use a single toothbrush. If one member has bleeding gums from a disease such as HIV/AIDS it is a threat to the entire family.



### 2. Band-aids and Gauge

Small wounds untreated can lead to major infections. Major inflections can lead to amputation, and even death. A band-aid can be the difference between recovery, and major problems.



### 3. Hand Soap

Hand washing is the number one way to stop infection. Many village families have no soap. A single bar, even small hotel soaps, can protect the family.



### 4. Aspirin and Tylenol

High fever from malaria, if unchecked, can lead to death. A simple headache can lead to unsterilized razors being used to "bleed away the pain." HIV/AIDS can easily be spread through unsterilized blades.



### 5. Antibiotic Ointment

A simple tube of ointment can mean a healed finger, or a serious amputation because of infection unchecked.



### 6. Cough Medicine

In villages, where few people have cough medicine, a simple cold can keep someone awake all night, coughing and coughing with little or no relief.



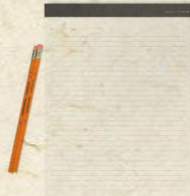
### 7. Rubber Gloves

Hospitals, schools, and local police often work without the protection of a simple pair of rubber gloves. HIV/AIDS becomes a critical problem for these people.



### 8. Pencils, Pens, and Paper

Children go to school without the needed supplies to write notes, and learn. A simple pencil helps a child gain a better education.



### 9. School Textbooks

Entire classes often try to study with only 1 textbook for dozens of children. Textbooks, even used ones, in English can help hundreds of children gain a better education.



### 10. Hand Tools

Imagine building without tools. Simple hammers, screwdrivers, saws, pliers, and other hand tools are nearly non-existent, but critically needed.



### 11. Eye Glasses

Most village people never own a single pair of glasses in their lifetimes. When they lose their sight, there is no option. Your old pair, or a simple pair of reader glasses for \$3 or \$4 can change that.



### 12. Funding

Funds are needed to buy medicine and supplies. Funds are needed to ship the supplies to Malawi. You can help get supplies to Malawi, build hospitals, and supply other needed items with the funds you raise.



These are 12 categories that need your help. Talk to your family, schoolmates, teachers, doctor, dentist, pharmacist, businessmen, community leaders, and friends. Form a group, a club, or organize within the groups, classes, and clubs in which you are already a member.



The  
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Project**

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Lebanon, IN 46052

#### Additional information:

info@malawiproject.org

or on the web at: [www.malawiproject.org](http://www.malawiproject.org)

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