



# Be the Change

## Kids Helping Kids



### Making a Difference

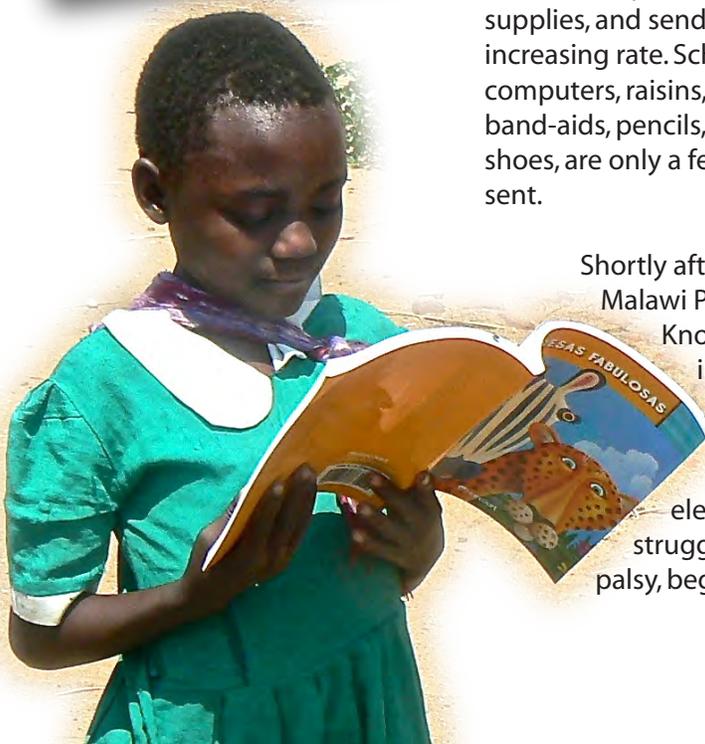
Under the banner of "Kids Helping Kids" young people are making a meaningful difference in the poverty stricken nation of Malawi. They know few bounds, no limits, and hold unshakable faith in their mission. They are raising funds, gathering supplies, and sending them at an ever-increasing rate. School textbooks, laptop computers, raisins, eyeglasses, dresses, band-aids, pencils, pens, paper, soap, shoes, are only a few of the items being sent.

Shortly after the inception of the Malawi Project a pre-teen from Knoxville, Tennessee inspired the idea of a program specifically appealing to young people. Daniel Shipley, eleven-years-old, and struggling with cerebral palsy, began to assist in ways



that would span years, and serve as the inspiration and foundation for the program. His story appears in "Profiles"

Since the beginning of Kids Helping Kids, young people have found multiple, creative ways to participate. The things they solicit are sent to Indiana and placed on outgoing 40-foot trailers of medical, agricultural, and educational supplies. Once in Malawi the supplies are fed into the Malawi Project's nationwide distribution system, and distributed under strict supervision and accountability. It's easy to get involved, and make a difference. The result can be life changing for children and adults in this tiny African nation.



# Be the Change

## Ways to Participate

You can reach as high as your imagination, as wide as your enthusiasm, and as deep as you fathom. Look for creative ways to help, things to do, how to obtain needed goods and funds. The size of your aid package can reach whatever dimension you define. Among the things that are needed:



### 1. Toothbrushes and Toothpaste

Families often use a single toothbrush. If one member has bleeding gums from a disease such as HIV/AIDS it is a threat to the entire family.



### 2. Band-aids and Gauge

Small wounds untreated can lead to major infections. Major inflections can lead to amputation, and even death. A band-aid can be the difference between recovery, and major problems.



### 3. Hand Soap

Hand washing is the number one way to stop infection. Many village families have no soap. A single bar, even small hotel soaps, can protect the family.



### 4. Aspirin and Tylenol

High fever from malaria, if unchecked, can lead to death. A simple headache can lead to unsterilized razors being used to "blee away the pain." HIV/AIDS can easily be spread through unsterilized blades.



### 5. Antibiotic Ointment

A simple tube of ointment can mean a healed finger, or a serious amputation because of infection unchecked.



### 6. Cough Medicine

In villages, where few people have cough medicine, a simple cold can keep someone awake all night, coughing and coughing with little or no relief.



### 7. Rubber Gloves

Hospitals, schools, and local police often work without the protection of a simple pair of rubber gloves. HIV/AIDS becomes a critical problem for these people.



### 8. Pencils, Pens, and Paper

Children go to school without the needed supplies to write notes, and learn. A simple pencil helps a child gain a better education.



### 9. School Textbooks

Entire classes often try to study with only 1 textbook for dozens of children. Textbooks, even used ones, in English can help hundreds of children gain a better education.



### 10. Hand Tools

Imagine building without tools. Simple hammers, screwdrivers, saws, pliers, and other hand tools are nearly non-existent, but critically needed.



### 11. Eye Glasses

Most village people never own a single pair of glasses in their lifetimes. When they lose their sight, there is no option. Your old pair, or a simple pair of reader glasses for \$3 or \$4 can change that.



### 12. Funding

Funds are needed to buy medicine and supplies. Funds are needed to ship the supplies to Malawi. You can help get supplies to Malawi, build hospitals, and supply other needed items with the funds you raise.

These are 12 categories that need your help. Talk to your family, schoolmates, teachers, doctor, dentist, pharmacist, businessmen, community leaders, and friends. Form a group, a club, or organize within the groups, classes, and clubs in which you are already a member.

**Contributions can be made online at:**  
**[www.malawiproject.org](http://www.malawiproject.org)**  
**or by check to:**

The  
**Malawi  
Project**

3314 Van Tassel Drive  
Indianapolis, Indiana 46240  
Email: [info@MalawiProject.org](mailto:info@MalawiProject.org)